

ਮਿਡ-ਡੇ-ਮੀਲ ਸੋਸਾਇਟੀ ਪੰਜਾਬ

ਪੰਜਾਬ ਸਿੱਖਿਆ ਭਵਨ, ਈ ਬਲਾਕ, ਪੰਜਵੀ ਮੰਜਿਲ, ਫੇਜ਼-8, ਸਾਹਿਬਜ਼ਾਦਾ ਅਜੀਤ ਸਿੰਘ ਨਗਰ (ਮੋਹਾਲੀ)
ਫੋਨ ਨੰ. 0172-2210019, E-Mail : mdmpunjab@punjabeducation.gov.in

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ਵੱਲ

ਸਮੂਹ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਸੈ.ਸਿ.),
ਸਮੂਹ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ (ਐ.ਸਿ.),
ਪੰਜਾਬ।

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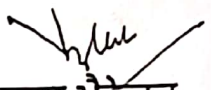
ਮੀਮੇ ਨੰ. ਐਮ.ਡੀ.ਐਮ.ਐਸ./ਜੀ.ਐਮ./2024/308449 ਮਿਤੀ 29/11/24

ਵਿਸ਼ਾ: ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਆਭਾ ਆਈ.ਡੀ ਬਣਾਉਣ ਸਬੰਧੀ।

ਉਪਰੋਕਤ ਵਿਸ਼ੇ ਦੇ ਸਬੰਧ ਵਿਚ ਹੈਲਥ ਵਿਭਾਗ ਦੇ ਪੱਤਰ ਨੰ 27110 ਮਿਤੀ 27.11.24 ਰਾਹੀਂ ਹਦਾਇਤ ਕੀਤੀ ਗਈ ਹੈ ਕਿ ਸਕੂਲੀ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਆਯੁਸ਼ਮਾਨ ਭਾਰਤ ਡਿਜੀਟਲ ਹੈਲਥ ਮਿਸ਼ਨ ਤਹਿਤ ਆਭਾ ਆਈ.ਡੀ ਬਣਾਈ ਜਾਵੇ, ਤਾਂ ਜੋ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਹੈਲਥ ਸਬੰਧੀ ਪੂਰੀ ਜਾਣਕਾਰੀ ਇਸ ਆਈ.ਡੀ ਵਿਚੋਂ ਹੀ ਪ੍ਰਾਪਤ ਕੀਤੀ ਜਾ ਸਕੇ।

ਸੇ, ਉਕਤ ਸਬੰਧੀ ਹੈਲਥ ਵਿਭਾਗ ਵੱਲੋਂ ਜਾਰੀ ਦਿਸ਼ਾ-ਨਿਰਦੇਸ਼ਾਂ ਦੀ ਕਾਪੀ ਨੱਥੀ ਕੀਤੀ ਜਾਂਦੀ ਹੈ।

ਨੱਥੀ: ਉਕਤ ਅਨੁਸਾਰ


ਜਨਰਲ ਮੈਨੇਜਰ

User Guidelines to create ABHA ID

Step 1: Understand the Requirements

- **Eligibility:** The ABHA ID is available to all Indian citizens, including children, adults, and elderly people.
- **Documents Required:**
 - Aadhaar number (for identity verification)
 - Mobile number linked to Aadhaar (for OTP-based verification)

Step 2: Choose Your Registration Method

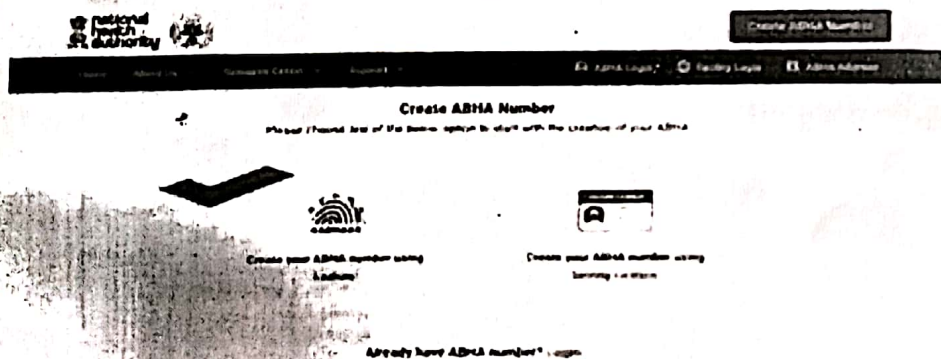
You can register for the ABHA ID via the following platforms:

- ABHA Portal (Website)
- ABHA Mobile App

Step 3: Register on the ABHA Portal or App

Option 1: Through the ABHA Portal (Website)

1. **Visit the official ABHA portal:** Go to the official website of Ayushman Bharat Digital Mission <https://abha.abdm.gov.in/abha/v3/register>
2. **Click on "Create ABHA ID":** On the homepage, you will see a button for creating your ABHA ID. Click on "Create your ABHA number using Aadhaar" to begin the process.



3. **Enter Aadhaar Number:** You have to enter the Aadhaar Number, click on I Agree and enter the captcha and click Next. After this you will receive an OTP on your mobile number linked with Aadhaar for authentication.

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1 Consent Collection Aadhaar Authentication Communication Details ABHA Address Creation



Aadhaar number*

Please ensure that mobile number is linked with Aadhaar as it will be required for OTP authentication
If you do not have a mobile number linked, visit the nearest ABDM participating facility and seek assistance

Terms and Conditions
I hereby declare that I am voluntarily sharing my Aadhaar number and demographic information issued by UIDAI with National Health Authority (NHA) for the sole purpose of creation of ABHA number. I understand that my ABHA number can be used and shared for purposes as may be notified by ABDM from time to time including provision of healthcare services. Further, I am aware that my personal identifiable

I agree

Captcha*

3x4=?  

Cancel **Next**

4. **Enter Your Mobile Number:**

- o Enter the OTP received for Aadhaar Authentication.
- o Now provide your mobile number for communication, this could be any number that you use on regular basis and could be different from the one attached with Aadhaar. This number will be used to receive the OTP (One-Time Password) for verification.

Create ABHA Number Using Aadhaar

2-4

1 Consent Collection 2 Aadhaar Authentication Communication Details ABHA Address Creation

Confirm OTP
OTP sent to Aadhaar mobile number ending with *****4165

8 2 7 3 4 0

Didn't receive OTP? 00:20 remaining

Mobile number*

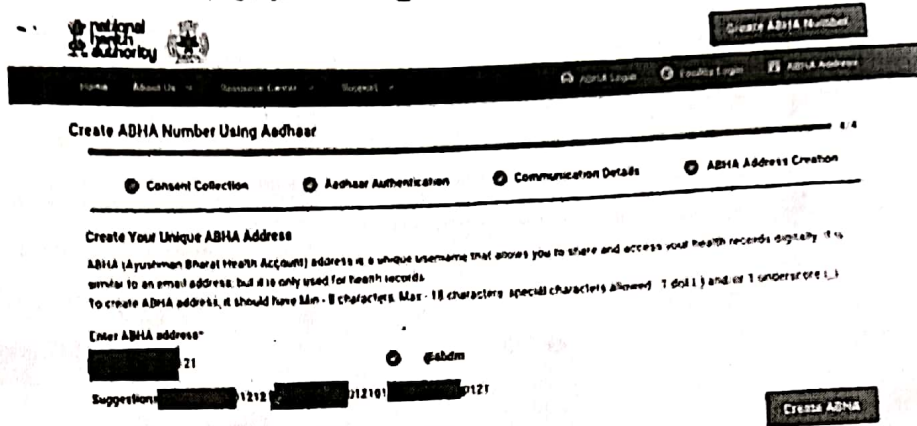
991

This mobile number will be used for all the communications related to ABHA

Next

5. Choose your ABHA Address:

- Once logged in, look for the option to link or update your ABHA address.
- If your ABHA address isn't linked yet, you'll see an option to input your unique ABHA address (e.g., yourname@abdm).

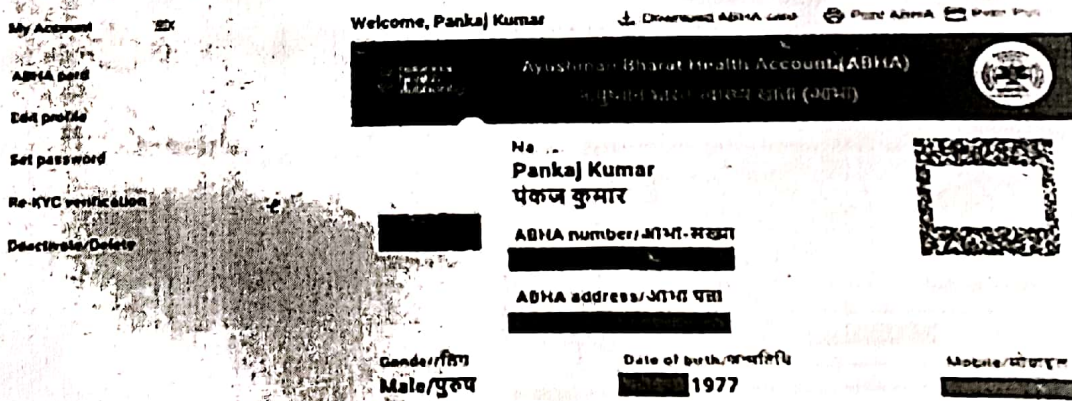


6. Create Your ABHA ID:

- After verifying your details, you will be assigned an ABHA ID. You can also choose to download your ABHA ID card.

7. Download ABHA ID:

- Once your ABHA ID is generated, you will be given the option to download the ABHA ID card in PDF format or share it digitally.



Option 2: Through the ABHA Mobile App

1. Download the ABHA App:

- o Download the ABHA mobile app from the Google Play Store (for Android) or Apple App Store (for iOS).

Scan this QR to Download ABHA App

QR Code to download ABHA App



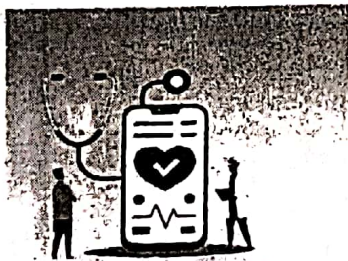
For iPhone Users



For Android Users

2. Open the App and click on Login:

- o Open the app and click on the "Login" option.
- o Now Click on Create New Abha
- o Enter the Aadhar Number and click on I agree and Next



What is ABHA App?

It is a citizen-facing application that will enable you to view, manage, and do consent-based sharing of health records.

Register

Login



Login



Mobile Number



ABHA Address



ABHA Number
Other Login Method



Email

Don't have an ABHA number?
Create now

Don't have an ABHA address?
Register

Create ABHA Number

Aadhaar Number

Terms & Conditions

I, hereby declare that I am voluntarily sharing my Aadhaar number and demographic information issued by UIDAI, with National Health Authority (NHA) for the sole purpose of creation of ABHA number. I understand that my ABHA number can be used and shared for purposes as may be notified by ABHA from time to time including provision of healthcare services. Further, I am aware that my personal identification information (Name, Address, Age, Date of Birth, Gender and

I agree

Next

An OTP will be sent to your Aadhaar linked mobile number

Face Auth

Next

4. Now provide your mobile number for communication, this could be any number that you use on regular basis and could be different from the one attached with Aadhaar. This number will be used to receive the OTP (One-Time Password) for verification.



Create ABHA Number



OTP sent to Aadhaar registered mobile number ending with *****9631

Resend in: 51 sec

Resend OTP

Mobile Number*

This mobile number will be used for all the communications related to ABHA

Validate

ਜਨਰਲ ਮੈਨੇ
ਮਿਤ ਡੇ ਮ
ਸਕ੍ਰਿਨ ਫਿ
ਐਸ. ਡੀ
ਮਿ

5. Choose your ABHA Address:

- Once logged in, look for the option to link or update your ABHA address.
- If your ABHA address isn't linked yet, you'll see an option to input your unique ABHA address (e.g., yourname@abdm).

Create new ABHA address ⓘ

ABHA Address

Enter ABHA address: @abdm

usertest2020012020 usertest20200101
usertest202001 usertest2020
usertest0120202020 usertest01202001
usertest012020 usertest01 user_u.20
user_test01202001

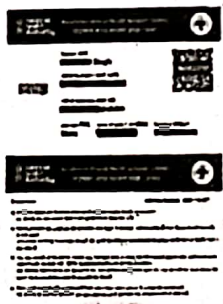
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7. Download ABHA ID:

- Once your ABHA ID is generated, you will be given the option to download the ABHA ID card in PDF format or share it digitally.

← ABHA Address Card



Share ABHA card

View/Download ABHA address card

ਦਫਤਰ ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ(ਸੈ.ਸਿ),ਲੁਧਿਆਣਾ ।

ਪਿੱਠ ਅੰਕਣ ਨੰ.-ਸੈ.ਸਿ/ਜੀ-6/2024 -73 ।

ਮਿਤੀ-ਲੁਧਿਆਣਾ- 05/12/24

ਉਪਰੋਕਤ ਦਾ ਉਤਾਰਾ ਸਮੂਹ ਸਸਸਸ,ਸਰਸ,ਸਮਿਸ,ਏਡਿਡ ਸਕੂਲ ਮੁਖੀਆਂ ਨੂੰ ਸੂਚਨਾ ਹਿੱਤ
ਭੇਜਦੇ ਹੋਏ ਲਿਖਿਆ ਜਾਂਦਾ ਹੈ ਕਿ ਪੱਤਰ ਵਿੱਚ ਦਰਜ ਹੁਕਮਾਂ/ਹਦਾਇਤਾਂ ਦੀ ਇੰਨ-ਬਿੰਨ ਪਾਲਣਾ ਕਰਨੀ ਯਕੀਨੀ
ਬਣਾਈ ਜਾਵੇ ।


ਜਿਲ੍ਹਾ ਸਿੱਖਿਆ ਅਫਸਰ(ਸੈ.ਸਿ)

ਲੁਧਿਆਣਾ 05/12/24

05/12/24